## Ward, Evan L

**From:** Scoggins, Harold D

**Sent:** Wednesday, April 12, 2017 10:31

**To:** Fitzpatrick, Helen **Subject:** RE: Safety Committee

Thanks for the follow up. I am not sure it has to be Captain Yob, it sounds like a policy question.

**HDS** 

From: Fitzpatrick, Helen

Sent: Tuesday, April 11, 2017 14:20

To: Scoggins, Harold D < Harold. Scoggins@seattle.gov>

Subject: RE: Safety Committee

Okay, I will check in with Chris Yob who was Disability Captain at the time of the fire.

From: Scoggins, Harold D

Sent: Tuesday, April 11, 2017 13:40

To: Brooks, Debbie < Debbie.Brooks@seattle.gov >; Fitzpatrick, Helen < Helen.Fitzpatrick@seattle.gov >

Subject: Re: Safety Committee

Thanks, maybe run the question by the disability officer.

**HDS** 

### Get Outlook for iOS

From: Brooks, Debbie

**Sent:** Tuesday, April 11, 2017 1:37:01 PM **To:** Scoggins, Harold D; Fitzpatrick, Helen

Subject: RE: Safety Committee

I will let Cindy know that she does not need to call Firefighter Lynch.

Debbie

From: Scoggins, Harold D

Sent: Tuesday, April 11, 2017 13:31

**To:** Fitzpatrick, Helen < Helen.Fitzpatrick@seattle.gov > **Cc:** Brooks, Debbie < Debbie.Brooks@seattle.gov >

Subject: Re: Safety Committee

Thank you for the additional information, hopefully it provides me with context. Do you know if we have any policies that have been violated in this area?

**HDS** 

#### Get Outlook for iOS

From: Fitzpatrick, Helen

Sent: Tuesday, April 11, 2017 1:14:45 PM

**To:** Scoggins, Harold D **Cc:** Brooks, Debbie

Subject: FW: Safety Committee

Chief,

I understand that Steve Lynch and his wife are coming in to meet with you. I'm forwarding this email I received from Doug Windle that I believe will provide some context for your meeting with FF Lynch. Doug called me last Friday because he has had several of his members who have sustained on-duty head injuries (Steve being one of them) come to him with their concern that there is no department policy or process for dealing with traumatic brain injuries. Doug brought the concerns to the Joint Safety Committee, Chief Vickery and Dr. Sayre (through Chief Hagen) on behalf of his members. Doug felt that he wasn't getting a response. You have to read through all of these emails to get the full picture.

Long story short, I believe this is one of the reasons FF Lynch wants to meet with you.

Helen

From: Windle, Douglas

Sent: Thursday, April 06, 2017 15:02

To: Fitzpatrick, Helen < Helen. Fitzpatrick@seattle.gov >

Subject: Fw: Safety Committee

From: Hagen, Jay

Sent: Wednesday, January 11, 2017 1:32 PM

To: Windle, Douglas

Subject: RE: Safety Committee

Thanks Doug

From: Windle, Douglas

**Sent:** Wednesday, January 11, 2017 07:58

To: Hagen, Jay <Jay. Hagen@seattle.gov>; Sayre, Michael R <MIchael.Sayre@seattle.gov>; Havner, J

<J.Havner@seattle.gov>; Vickery, Alan <Alan.Vickery@seattle.gov>; Curtis, James <James.Curtis@seattle.gov>

Subject: Re: Safety Committee

I spoke with Chris Carter regarding military resources for information. He sent me the following:

http://www.wrnmmc.capmed.mil/NICoE/SitePages/index.aspx

# NICoE - National Intrepid Center of Excellence

# www.wrnmmc.capmed.mil

INTENSIVE OUTPATIENT PROGRAM. A four-week program where a team of providers works closely with patients and their families to develop a tailored treatment plan ...

From: Hagen, Jay

Sent: Monday, January 9, 2017 2:53:42 PM

To: Windle, Douglas

Subject: FW: Safety Committee

Doug:

FYI from Dr. Sayre

From: Michael R. Sayre [mailto:sayrem@uw.edu]

Sent: Saturday, January 07, 2017 10:22

To: Vickery, Alan < <u>Alan.Vickery@seattle.gov</u>>; Havner, J < <u>J.Havner@seattle.gov</u>>

Cc: Hagen, Jay < <a href="mailto:Jay.Hagen@seattle.gov">Jay.Hagen@seattle.gov</a>>

Subject: Re: Safety Committee

Chiefs,

I am aware of the concerns raised by BC Windle. While I concur that additional training for members would be good, I am not certain what the optimal curriculum should be.

This is not a simple problem. If it were, the National Football League would have solved it.

The challenge is to detect when someone has a concussion from mild brain trauma. If the individual is high functioning before the traumatic event, then it can be quite challenging to identify concussion. The injured person's brain function may have degraded from his or her normal high level to merely average. It is not normal for that person, but looks normal to the examiner.

Emergency departments are not well equipped to deal with this issue. The emergency physicians will provide advice to the person with suspected concussion not to return to sports with the risk of "second impact" while still healing from the first impact. However, not everyone can recognize their own symptoms and thus it is important to send the patient to a follow up physician to determine when they are ready to return to play or work. Yet even those physicians are quite challenged to accurately determine when the patient has healed. Essentially the patient tells the doctor when they are feeling back to normal. That might take a day or a month.

Organized football has tried to deal with this issue by screening all players at the beginning of the season and recording their scores on a series of standardized tests of neurological function such as the number of random digits the person can recall and how fast they can complete a puzzle. Then when there is a suspected concussion, the athletic trainer repeats the tests to determine if the player is performing at baseline or worse than baseline. This system is designed to detect when the player is socially or financially incentivized to deny symptoms and return to play. Yet even that system does not work reliably: <a href="http://www.wsj.com/articles/a-game-changer-for-diagnosing-concussions-in-the-nfl-1479394502">http://www.wsj.com/articles/a-game-changer-for-diagnosing-concussions-in-the-nfl-1479394502</a>.

Capt Jonathan Larsen has reached out to Dr. Stan Herring for advice on whom to contact for advice on the issue of detecting concussion and helping the fire service develop a better protocol. If any others have good contacts, we can contact them as well.

Michael Sayre

From: Alan Vickery < <u>Alan.Vickery@seattle.gov</u>>

**Date:** Friday, January 6, 2017 at 6:41 PM **To:** "Havner, J" <J.Havner@seattle.gov>

Cc: Jay Hagen < <u>Jay. Hagen@seattle.gov</u>>, Michael Sayre < <u>sayrem@uw.edu</u>>

Subject: Re: Safety Committee

I would request that he provide more details on his concerns. My first thoughts are the lads at the Greenwood Explosion and any possible follow needed with them.

I will cc Dr. Sayre and Ch. Hagen.

Sent from my iPhone

On Jan 6, 2017, at 8:39 AM, Havner, J < J. Havner@seattle.gov > wrote:

FYI, possible JSC item...

From: Windle, Douglas

Sent: Thursday, January 05, 2017 13:47
To: Havner, J < J.Havner@seattle.gov >
Subject: Par Sefety Committee

Subject: Re: Safety Committee

Over the last month, I have had several of my members impacted by events causing or potentially causing TBI's. It doesn't appear that we have a mechanism in place to adequately ensure the members receive the appropriate level of care. (Woodland Park Zoo Fire, E16 & L09 Collision & Greenwood explosion) I did send an e-mail to Lt. Curtis and Dr. Sayre (which I will forward to you) requesting additional training in CBT. I spoke with Ch. Hagen regarding my concerns and he recommended I contact the Health & Safety Committee. All that to say, I have noted a concern and trying to figure out next steps.

There is considerable research in other employment fields, i.e., NFL, Military, etc., but I haven't located substantial information regarding TBI & the fire service. I will continue to look around, but I believe it would be prudent and proactive to begin the discussion.

#### Doug

From: Havner, J

Sent: Wednesday, January 4, 2017 7:05:02 PM

To: Windle, Douglas

Subject: Re: Safety Committee

Not yet.

Shoot me some info on the topic, specific to the fire service.

Are you looking to present info??

J. M. Havner, Battalion Chief Seattle Fire Department J. Havner@Seattle.Gov 206-255-8618

# Sent from my iPhone

On Jan 4, 2017, at 15:59, Windle, Douglas < Douglas. Windle@seattle.gov> wrote:

I was interested in finding out if the department has a Traumatic Brain Injury protocol or if there has been any discussion in this direction. If not, where would be the best place to start?

## Doug

From: Havner, J

Sent: Wednesday, January 4, 2017 3:29:04 PM

To: Windle, Douglas

**Subject:** Re: Safety Committee

Yes.

January is my last month.

J. M. Havner, Battalion Chief Seattle Fire Department J. Havner@Seattle.Gov 206-255-8618

Sent from my iPhone

On Jan 4, 2017, at 14:12, Windle, Douglas < <u>Douglas.Windle@seattle.gov</u>> wrote:

You still with the Health & Safety Committee?